

Tension

The most important factor in determining the finished size of a knitted item is the tension. Patterns will produce different finished sizes by using a different needle size. It is important to be able to determine how much difference a needle change will make, especially in clothing items.

Each one of us knits differently and there is no standard for knowing exactly how much a needle size will change the tension or finished size of a garment. The tension you hold in the yarn will create loose or tight stitches. For smooth, even stitches, it is important to maintain the same tension. Tension is the responsibility of the knitter and must be consistent throughout the entire item to assure an accurate finished size. It is always best to make a small tension swatch, using the yarn, stitch pattern and needles recommended. Check your tension frequently - if you are not getting the proper tension, you will need to rework that portion adjusting your tension accordingly.

Garment Care

This is important for ensuring that your labour of love remains in pristine condition. Always hand wash garments in a mild soapy solution. Allow to dry flat (on a bath towel on the floor). Never hang your garment on the washing line to dry and always fold and store in a drawer or flat on a shelf.

KNITTING NEEDLE SIZES AND CONVERSIONS

Metric sizes(mm)	US	UK / Canada
2.0	0	14
2.25	1	13
2.75	2	12
3.0	-	11
3.25	3	10
3.5	4	-
3.75	5	9
4.0	6	8
4.5	7	7
5.0	8	6
5.5	9	5
6.0	10	4
6.5	10 1/2	3
7.0	-	2
7.5	-	1
8	11	0
9	13	00
10	15	000
12	17	-
16	19	-
19	35	-
25	50	-

AE-5002



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www.africanexpressions.co.za**

PULLOVER WITH ZIP FOR MEN

IMPORTANT NOTE: Unless yarn specified is used, African Expressions cannot accept the responsibility for the finished work.

Owing to printing restrictions the colour reproduction is matched as closely to the yarn as possible.

Original garment worked in size 107cm and shown on a size 107cm model.

Pattern and Design by Marelle Hurter

MATERIALS: FREEDOM DK (50g balls) 19(20;21;22;23;24) balls 5130; one 20cm closed-end zip.
One pair 4mm knitting needles.
One cable needle.
One stitch holder.

MEASUREMENTS:

To fit Chest: 87(92;97;102;107;112)cm
Actual all round measurement of garment:
Chest: 105(110;115;120;125;130)cm
Length to shoulder: 63(64;66;68;71;73)cm
Sleeve seam: 45(46;47;48;48;49)cm

THE INSTRUCTIONS ARE GIVEN FOR THE SMALLEST SIZE, WITH THE LARGER SIZES IN BRACKETS; WHERE ONLY ONE FIGURE IS GIVEN, IT APPLIES TO ALL SIZES.

TENSION: SAVE TIME, TAKE TIME, CHECK TENSION.

22sts and 30 rows = 10cm over stocking stitch using 4mm needles.

FOR BEST RESULTS IT IS ESSENTIAL TO OBTAIN THE CORRECT TENSION.

IF THERE ARE TOO FEW STS ON TEST SWATCH, USE THINNER NEEDLES;

IF THERE ARE TOO MANY STS, USE THICKER NEEDLES.

ABBREVIATIONS:

alt = alternate; **beg** = begin(ning); **cont** = continue; **C4B(C4F)** = slip next 2sts onto cable needle, and hold at back (or front) of work, knit next 2sts from left-hand needle, then knit sts from cable needle; **dec** = decrease;

fol(s) = follow(s)ing; **inc(s)** = increase(s); **k** = knit; **patt(s)** = pattern(s); **p** = purl; **rem** = remain(ing); **rep** = repeat; **rev** = reverse; **R(W)** **S** = right(wrong) side; **R(W)SF** = right(wrong) side facing; **R(W)SR** = right(wrong) side row; **RW** = ribwise; **st(s)** = stitch(es); **tog** = together.

STITCHES USED:

DOUBLE RIB PATTERN (Worked over 4 sts + 2):

1st row: K2, *p2, k2, rep from * to end.

2nd row: P2, *k2, p2, rep from * to end.

Rep these 2 rows.

STAGHORN CABLE PATTERN (worked over 16sts):

1st row: RSF, C4F, k8, C4B.

2nd and 4th rows: P.

3rd row: K2, C4F, k4, C4B, k2.

5th row: K4, C4F, C4B, k4.

6th row: P.

Rep these 6 rows.

BACK:

Using 4mm needles cast on 118(122;130;134;142;146)sts and work in double rib patt for 5cm ending with a RSR.

Next row, inc row: Work one row on WS, inc 40(40;56;56;56;56)sts evenly across row = 158(162;186;190;198;202)sts. Now work in patt as folls: **1ST AND 2ND SIZE ONLY:** RSF,

k12(14)sts, *p3, work 1st row of Staghorn Cable patt (SEE STS USED), p3, k6, rep from * to last 12(14)sts, k these sts. **Next row:** P12(14)sts, *k3, work 2nd row of Staghorn Cable patt, k3,

p6, rep from * to last 12(14)sts, p these sts. **3RD AND 4TH SIZE ONLY:** P1(3)sts, *work 1st row of Staghorn Cable patt, p3, k6, p3, rep from * to last 1(3)sts, p these sts. **Next row:** K1(3)sts, *work 2nd row of Staghorn Cable patt, k3, p6, k3, rep from * to last 1(3)sts, k these sts. **5TH AND 6TH SIZE ONLY:** K4(6)sts, p3, *work 1st row of Staghorn Cable patt, p3, k6, p3, rep from * to last 4(6)sts, k these sts. **Next row:** P4(6)sts, k3sts, *work 2nd row of Staghorn Cable patt, k3, p6, k3, rep from * to last 4(6)sts, p these sts. Cont straight in patt as now set and when work measures 43(43;44;46;48;50)cm from beg ending with a WSR, **SHAPE ARMHOLES:** Cast off 5sts at beg of every foll row 6(6;8;8;8;8) rows, 4sts at beg of foll 2 rows, 3sts at beg of foll 2(2;4;2;2;2) rows, 2sts at beg of every foll row 8(8;6;8;8;10) times, then dec 1 st at each end of every foll alt row 0(1;1;2;4;3) times = 98(100;104;116;120;122)sts. Cont straight and when work measures 63(64;66;68;71;73)cm from beg ending with a WSR, **SHAPE SHOULDERS:** Cast off 8(9;9;11;11;12)sts at beg of next 4 rows, then 9(8;9;11;12;11)sts at beg of foll 2 rows = 48(48;50;50;52;52)sts. Cast off rem sts for neck opening.

FRONT:

Work as for back and when work measures 48(49;51;53;56;58)cm from beg ending with a WSR, **DIVIDE FOR FRONT OPENING:** Work 49(50;52;58;60;61)sts and leave these sts on a holder and cont on rem sts for left side of work. **LEFT SIDE:** Cont straight in patt and when work measures 57(58;60;62;65;67)cm from beg ending with a WSR, **SHAPE NECK:** Cast off 14(14;15;15;16;16)sts at beg (neck edge) of next row, 2sts at same edge of every foll alt row 4 times, then dec 1 st (= work 2tog) at beg of every foll alt row twice = 25(26;27;33;34;35)sts. Cont straight and when work measures 63(64;66;68;71;73)cm from beg ending with a RSR, **SHAPE SHOULDER:** Cast off 8(9;9;11;11;12)sts at beg of next and foll alt row = 9(8;9;11;12;11)sts. Cast off rem sts. **RIGHT SIDE:** WSF, rejoin yarn at neck edge, pick up sts from holder and work as for left side, rev shaping.

SLEEVES (Both Alike):

Using 4mm needles cast on 58(58;62;62;70;70)sts and work in double rib patt for 5cm ending

with a RSR. **Next row, inc row:** Work one row on WS, inc 24sts evenly across row = 82(82;86;86;94;94)sts. Now work in patt as folls: K2(2;4;4;8;8)sts, *p3, work 1st row of Staghorn Cable patt, p3, k6, rep from * to last 2(2;4;4;8;8)sts, k these sts. **Next row:** P2(2;4;4;8;8)sts, *k3, work 2nd row of Staghorn Cable patt, k3, p6, rep from * to last 2(2;4;4;8;8)sts, p these sts. Cont in patt as now set, inc 1 st at each end of next and every foll 6th row 2(13;7;6;2;4) times in all, then every foll 8th row 13(5;10;11;14;13) times = 112(118;120;120;120;126;128)sts. Cont straight and when work measures 45(46;47;48;48;49)cm from beg ending with a WSR, **SHAPE TOP OF SLEEVE:** Cast off 5sts at beg of next 2 rows, 4sts at beg of foll 2 rows, 2sts at beg of every foll row 22(26;28;28;26;26) times, then dec 1 st at at each end of every foll alt row 7(6;5;5;8;9) times, cast off 2sts at beg of foll 2 rows, then 3sts at beg of foll 2 rows = 26(26;26;26;30;30)sts. Cast off rem sts.

TO MAKE UP:

Sew shoulder seams. **COLLAR:** RSF, using 4mm needles, pick up and k27(27;29;32;31;31)sts up right front opening, 40(40;40;42;44;44)sts across back neck and 27(27;29;32;31;31)sts down left front opening = 94(94;98;106;106;106)sts. Work in double rib patt, beg with p2, for 10cm ending with a WSR, cast off all sts RW. Set in sleeves. Sew up side and sleeve seams. Sew in zip along front opening and collar. Turn collar to outside.

